

[All Things Emergency Prepared.com](http://AllThingsEmergencyPrepared.com)

Check-off the items as you obtain and prepare your survival list.

WATER -

(Urgent - Survival List Items)

- Emergency Water: (Urgent - keep stored)
- Water Containers: (food grade if for drinking)
- Hand Pumps & Siphons (for water storage containers and for fuels)
- Emergency Water Filters and Purifiers

EMERGENCY POWER

(Important to Urgent - Survival List Items)

- Power Generators: (fuel, solar or wind)
- Portable Fuel Generators
- Portable Solar Generators
- Wind Generators

EMERGENCY SURVIVAL FOODS LIST

(Urgent - Survival List Items)

- LONG TERM Emergency Foods (MRE's, FREEZE-DRIED, DEHYDRATED)
- LONG TERM Vegetarian MRE Foods (vegetarian protein foods)

Grocery Store & Bulk Foods List

- Rice - Wheat
- Legumes: Pinto Beans, Black Beans, etc.
- Oatmeal, Cornmeal
- Canned Fruits - Canned Vegetables - Soups - Stews, etc.
- Milk - Canned/Evaporated, Powdered, Sweetened/Condensed
- Eggs - Powdered (dried)
- Peanut Butter - Nuts - Popcorn
- Dehydrated Fruits & Vegetables
- Jerky - Trail Mix
- Graham Crackers - Saltines - Pretzels
- Chocolate - Cocoa - Tang - Punch
- Honey - Syrups - White Sugar - Brown Sugar
- Garlic - Spices - Baking Supplies
- Soy Sauce - Vinegar - Bouillon Soup-base
- Tuna Fish (packed in oil has more protein)
- Canned Meats
- Cooking Oil
- Flour - Yeast - Salt
- Coffee - Teas
- Bulk Herbs (used for seasoning),
(Herbs can also be used for first aid, or treating minor medical issues)
- Vitamins - Minerals - Supplements

COOKING & HEATING

(Important to Urgent - Survival List Items)

- Emergency Cook Stove
- Propane Cylinders (Urgent: Definite shortages will occur)
- Emergency Heater
- Gasoline Containers with Extra Fuel (Urgent: Definite shortages will occur)
- Seasoned Firewood (those that heat with wood)
- Heating Oil or Propane Users (Urgent/Shortages: keep tanks full as possible)

SAFETY ITEMS

(Important to Urgent - Survival List Items)

- Emergency Weather Alert Radios (NOAA weather radio)
- 72-hour Kit (portable- in you have to evacuate your home)
- Emergency Car Kits (first aid & road-side kits)
- Carbon Monoxide Alarm (battery powered)
- Smoke Alarms (battery powered)
- Fire Extinguishers (or Baking Soda in every room)
- Self Defense Items: Guns, Ammo, Pepper Spray, Non-Lethal Tools
- Survival Guide Book
- Take a basic course in CPR and First-Aid

KITCHEN & HOUSEHOLD

(General to Important - Survival List Items)

- Cookware (pots, pans, etc)
- Paper Plates, Cups, Utensils, Paper Towels (stock up plenty of these)
- Hand Can Openers
- Insulated Ice Chests (to keep foods from extreme temperatures; thawing or freezing)
- Garbage Cans Plastic (great for storage, water transporting/cans with wheels)
- Plastic Storage Containers (keep items dry and pest-free)
- Garbage Bags (Impossible To Have Too Many)
- Plastic Zip-Lock Bags (stock up on these)
- Aluminum Foil Reg. & Heavy Duty (Cooking and Barter Item)
- Bleach (plain, NOT scented: 4 to 6% sodium hypo chlorite)
- Laundry Detergent
- Dish Soap
- Mop Bucket w/wringer (for Laundry)
- Clothes Pins, Line, Hangers
- Paraffin Wax
- Books (Bible and Favorite Reading)
- Writing Paper, Pads, Pencils
- Solar Calculators
- Journals, Diaries & Scrapbooks
- Board Games, Cards, Dice
- Scissors, Fabrics & Sewing Supplies
- Duct Tape (must have item)

PERSONAL CARE/HYGIENE

(Important to Urgent - Survival List Items)

- First Aid Kits
- Reading Glasses
- Medicine: Prescriptions, Aspirin, Cold & Flu, etc.
- Hygiene: Feminine Products, Hair Care, Deodorant, Floss, Nail Clippers, Tweezers, Toothbrush & Paste
- Bath: Lotions, Shampoo, Soap, Waterless & Antibacterial Soaps - (save water)
- Shaving Supplies: Razors, Creams, Talc, Aftershave
- Baby Supplies: Diapers, Wipes, Formula, Ointments, Aspirin, etc.
- Portable Toilets & Sanitation
- Toilet Paper, Kleenex

PET SUPPLIES

(Urgent - Survival List Items If You Own A Pet)

- Extra Water for Pets (approx. 1 gallon/day)
- Pet Food: Extra Dry or Canned Food
- Pet Food Storage Containers
- Pet Emergency Kits
- Portable Pet Crates (a MUST have for pet emergencies)
- Learn Pet CPR and Basic First Aid

LIGHTING

(Important Needed - Survival List Items)

- Flashlights, Light-sticks, Torches
- Batteries (all sizes...buy latest Expiration Dates)
- Candles
- Matches
- Lanterns
- Lamp Oil, Wicks, Lamps
- Charcoal, Lighter Fluid

TOOLS

(General Needed - Survival List Items)

- Basic Tool Kit: Hammer, Screw Drivers, etc.
- Shovels: Regular and Snow
- Knives & Sharpening Tools: Files, Stones, Steel
- Bow Saws, Axes and Hatchets. Wedges (also, honing oil)
- Tire Repair Kits

CLOTHING

(General Needed - Survival List Items)

- Sweatshirts/Pants
- Hats & Beanies
- Gloves: Work/Warming/Gardening, etc.
- Socks, Underwear, T-shirts, etc. (extras)
- Woolen Clothing, Scarves, Ear-muffs, Mittens
- Work Boots, Belts, Levis & Durable Shirts
- Thermal Underwear (Tops & Bottoms)
- Rain Gear, Rubber Boots, etc.

MISCELLANEOUS

(General Needed - Survival List Items)

- Tarps, Stakes, Twine, Rope, Spikes
- Sleeping Bags, Blankets, Pillows, Mats
- Cots & Inflatable Mattresses
- Backpacks, Duffel Bags
- Fishing Supplies/Tools
- Mosquito Repellent, Sprays, Creams
- Mousetraps, Ant & Cockroach Traps
- Rat & Mouse Poison, Roach Killer
- Glue, Nails, Nuts, Bolts, Screws, etc.
- Plastic Window Insulation Kits (or sheeting with extra duct tape)
- Lumber (all types)
- Wagons & Carts (good for transporting many items)
- Bicycles...Tires/tubes/pumps/chains, etc

SELF SUFFICIENCY SUPPLIES

(Several Important - Survival List Items)

- Food Dehydrator (dry available extra fruits and vegetables)
- Canning Supplies, (Jars/lids/wax)
- Garden Seeds (Non-Hybrid A MUST)
- Garden Tools & Supplies
- Green House (a small green house could be a life-saver)
- Goats, Chickens (milk and eggs)
- Extra Rolls of Fencing (keep wanted animals in, unwanted out)
- Chicken coop: your own eggs & meat
- Solar and/or Hand Well Water Pump